

## Annual Report of the NSS activities from July 2020 to March 2021

- ❖ Students prepared a Swachhata Action plan as part of the workshop organised by NSS and MGCNRE on 1/7/2020.



- ❖ **Handing over of Mobile phones on 8/7/2020 and 24/7/2020**



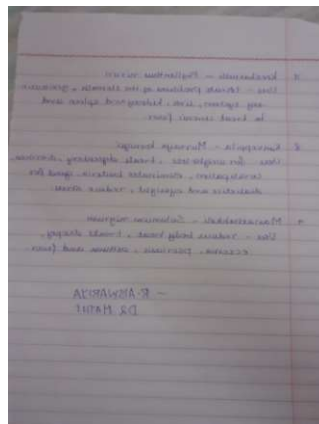
NSS Volunteers of Mercy College organised a Mobile phone donation drive to help the economically backward students in our college. Mobile phones were given to two of the students in our college for their online classes. It was handed over to them by the Principal, Dr. Sr. Gisala George.

### ❖ **Cleaning of the college premises on 12/7/2020**



The premises of the college were cleaned with the support of the NSS units as a part Covid Prevention activity.

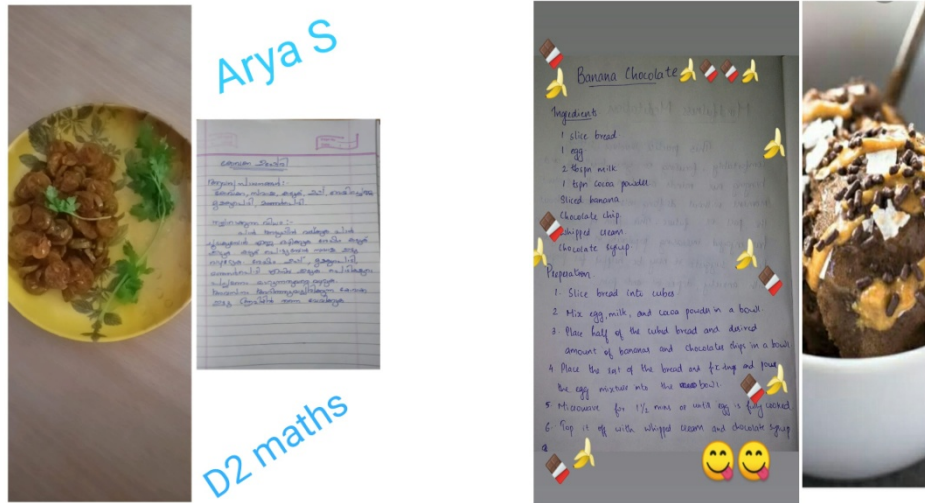
### ❖ **“Caza de heirbas”- “Go Green challenge” on 19/7/2020**



Medicinal plants were identified from the hometown. Their scientific names and uses were found out. Then the pictures of any two of them being planted were taken. The number of participants in this was 44.

## ❖ “Uppum Mulakum” on July 21 National Junk Food Day

“Avoid junk foods stay healthy and be happy” July 21st -July 23rd 2020



Volunteers prepared and shared the recipes of home-made dishes. There were 48 participants for this programme.

- ❖ Two of our NSS volunteers took part in the Covid training provided by DMO, Palakkad On 23/7/2020.

## ❖ National Parents day on 26 July

### Poster making on the mushrooming of old age home

30 volunteers participated in the task. They created posters on the mushrooming of old age homes in Kerala.



## Caption contest



ഇനിയൊരിക്കലും ലഭിക്കില്ല  
എന്നു കരുതിയ കാഴ്ചകളുടെ  
വസന്തമായിരുന്നു അവൻ ആ  
കണ്ണുകൾ..... Sneha Ann Thomas  
D2 B.Com CA 20/54

Volunteers were requested to write captions for a given picture. 30 Volunteers participated in it.

## Photo task



Volunteers were required to share the photo of a moment with their family in this challenge. This task was completed by 22 volunteers.

## Greeting card making



### Thanking Note

I never thank you enough for listening to me.  
 I never thank you enough for protecting me  
 from the things I shouldn't do....  
 I never thank you enough for showing me  
 the right path. I never thank you enough for  
 putting up with my mood swings and stupid  
 stuffs.... I never thank you enough for being  
 there for me without a doubt.....  
 I never tell you enough how much I love  
 you.... You mean the world to me, but I don't  
 tell you enough....No matter what, I always  
 will love you, maa-paa, I'll love you till the day  
 I die.

NIDHI BENIA  
 D2 HISTORY 🍀🍀

This was a thanking note to the parents; there were 58 participants in this.

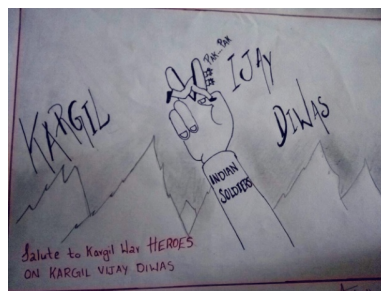
## ❖ Kargil day

### “Kargil Vijay Diwas” on July 26

Various programmes were conducted in connection with this.

### Poster Making

Volunteers were requested to create posters to commemorate the day. 32 students participated in this.



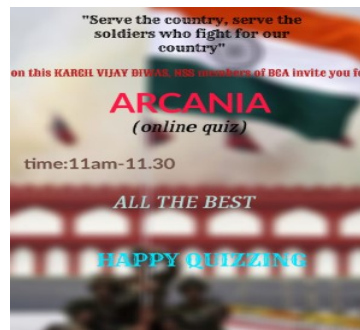
## Collage making (Saakshi)



A collage making competition was organised. The theme was “war field”. 34 students participated in the task.

## Online quiz

A quiz was conducted in connection with Kargil Vijay Divas. The students participated were 40.



## Quotes making



Participants were required to write inspiring words in the context of Kargil Vijay Divas. 31 students participated in this.

## ❖ “Mascarado” on 27 July



This was a mask making competition which was held on July 27. The participants made masks and distributed them to the needy people around them especially shopkeepers, NREGS workers and children in their area. 41 volunteers participated in the task.

## ❖ Nature conservation day on 28 July

NSS MEMBERS OF DEPARTMENT OF ECONOMICS PRESENTS

### World nature conservation day july 28

Duration 2 hrs  
Time 10 am-7 pm  
Date 28-7-2020

**Poster making contest:**  
Poster should be digital.  
You can use mobile phones and computer.  
It should be attractive and meaning full.

**Nature photography challenge:**  
"Look deep into nature and then you will understand everything about it."  
Look deep into nature and place it.

**Nature painting contest:**  
It is a water colour contest.  
You should only use water colours.  
It should be attractive.  
Best one will be awarded.

**Dig from plastic:**  
Make creative ideas from plastic.  
Collect plastic bottle, cover bag and from give something and make it into creative things.  
Nature, Environment, Recycle.

We expect active participation

**IT'S TIME TO CONSERVE!**

## Poster making



Volunteers were required to create digital posters on the theme-protection of environment. The participants were 60.

### **Painting contest**



40 students participated in this water colour competition organised in connection with Nature conservation day.

### **Photography**

Volunteers were required to take the snaps of something interesting from the nature. The students participated in this contest were 61.





## DIY from plastic



Students were asked to collect used plastic articles from their household and neighbourhood. They were also required to convert them into something useful. The participants were 46.

### ❖ “Palathulli peruvellam”-Rain water harvesting pit at home on 29/7/2020

The rain pit is made in such a way that the rain water flowing overland is collected into it. This activity was done by 42 students.



## ❖ TV Challenge on 29/7/2020

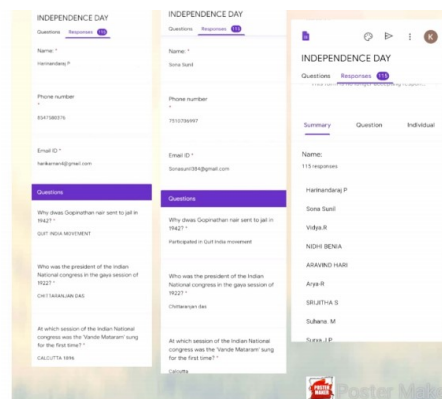
NSS units of Mercy College, Palakkad participated in the TV challenge conducted by NSS coordination committee, Palakkad. The units contributed one TV to the tribal students of Kandiyoor, Attappadi.



## ❖ INDEPENDENCE DAY CELEBRATIONS

### (a) Independence Day Quiz

NSS volunteers conducted an INTERCOLLEGIATE QUIZ COMPETITION on 16 AUGUST 2020 based on the newspaper articles of August 15. NSS volunteers from across the state actively participated in the quiz. 105 volunteers participated in the event and e-certificates were given to all. Cash prizes were also given to the winners.





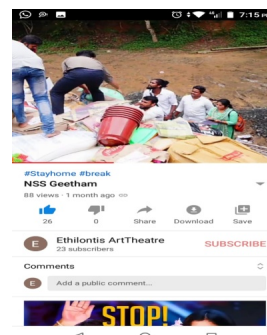
(b) Sapling Challenge

Our volunteers organized a sapling challenge as a part of Independence Day celebrations. Participants were required to plant a sapling on 15 August 2020 and record its growth after one month.



(c) YouTube Channel

Our Volunteers launched a YouTube Channel on 15 August 2020. They shared Independence Day messages through the channel.



## ❖ NATIONAL SENIOR CITIZENS DAY

National Senior Citizens Day was observed on 21 August 2020. The programmes organized were placard making, painting competition, speech competition and gift making.

### GIFTS MAKING

The number of participants was 15. Students prepared the favourite dishes of their grandparents and served to them. They also gave gifts to their grandparents.



### PAINTING COMPETITION

The number of participants was 25.



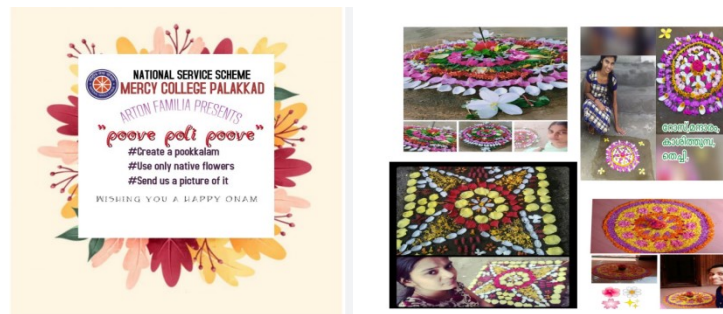
## PLACARD MAKING

The number of participants was 23.



## ❖ POOVE POLI POOVE

NSS volunteers of Mercy College celebrated Onam on 24 August 2020. As a part of the celebrations, they organized a programme - “POOVE POLI POOVE”. They created pookkalam using native flowers on that day. 41 participants were there in the programme.



## MALAYALI MANKA

NSS volunteers modelled Kerala ethnic wear to feature our culture.



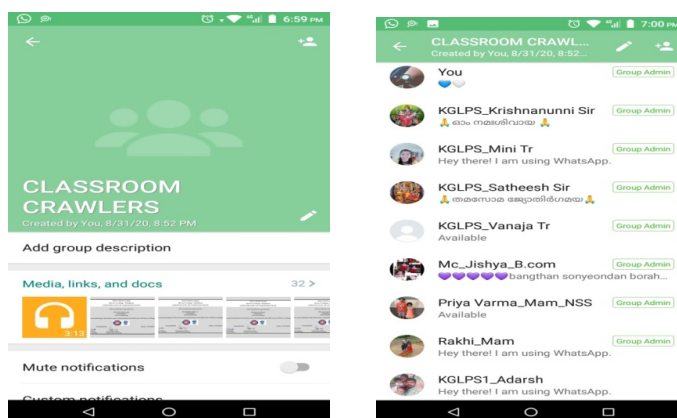
## ❖ WOMEN’S EQUALITY DAY

NSS volunteers conducted a collage competition using newspaper cuttings based on the concept, ‘Women’s Equality’ on 26 August 2020. 44 students participated in the contest.



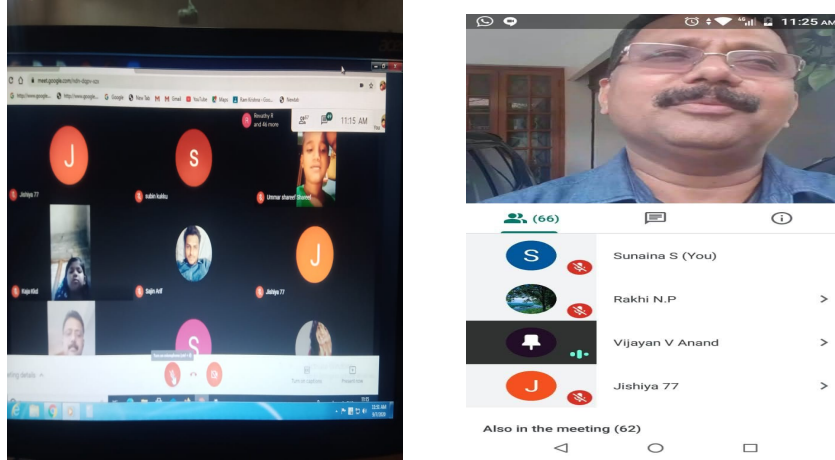
## MENTORING THE LOWER PRIMARY STUDENTS

Students created a Whatsapp group named ‘Classroom Crawlers’ for mentoring the students of Kallikkad GLPS on 31 August 2020. They share various interactive programmes with the students to engage them.



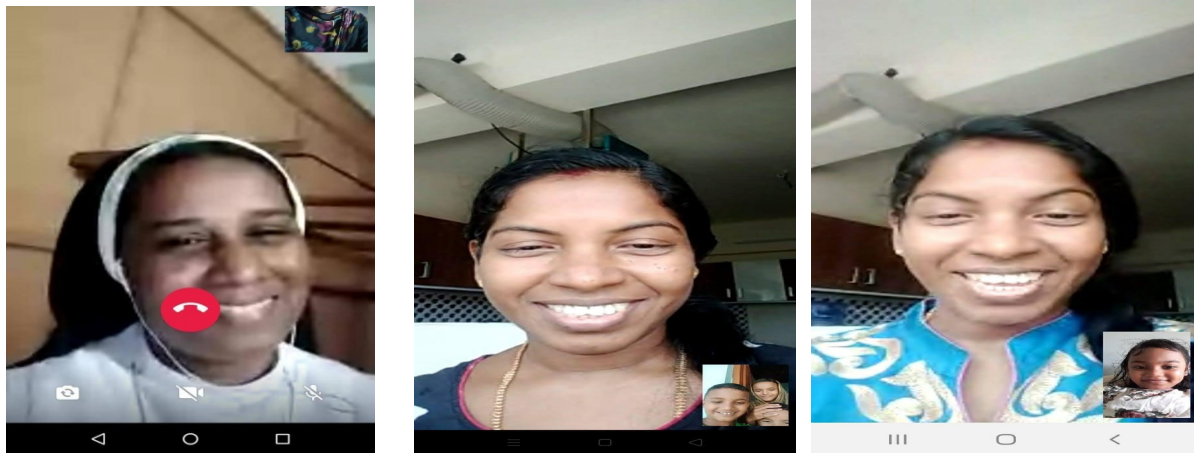
### (a) Teacher’s Day Celebrations

Our NSS volunteers celebrated Teacher’s Day with the students of Kallikkad GLPS on 5 September 2020. Our volunteers arranged a motivational class for these students. The resource person for the programme was Dr Vijayan V. Anandh, Principal of BSS Gurukulam, Alathur.



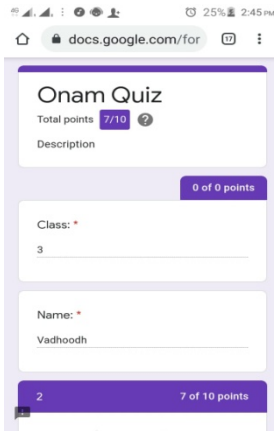
### (b) Selfie with Your Favourite Teacher

A contest, SELFIE WITH YOUR FAVOURITE TEACHER was also conducted on the same day. The volunteers and the students of GLPS Kallikkad were required to video call their favourite teachers and share the video clip in the group.



### (c) Onam Quiz

Our NSS volunteers conducted an Onam Quiz for the students of Kallikkad GLPS on 7 September 2020. The winners were given prizes.

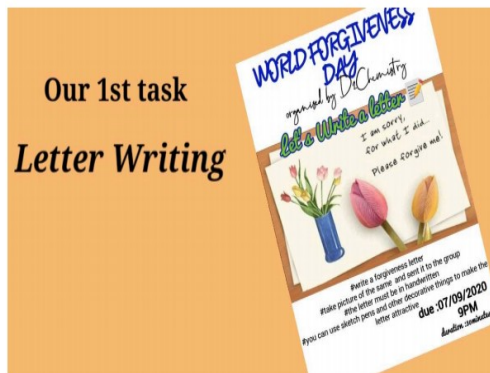


## WORLD FORGIVENESS DAY

NSS volunteers organized tasks like letter making and story bookmaking, as a part of World Forgiveness Day Observation on 7 September 2020. 11 participants were part of this programme. Volunteers were required to complete both tasks.

### (a) Task 1: Letter Making

Students wrote letters to their friends asking their forgiveness.



### (b) Task 2: Story Book Making

Students wrote stories on 'Forgiveness' and created storybooks with these stories. These storybooks were shared with the lower primary students of their neighbourhood and GLPS Kallikkad.





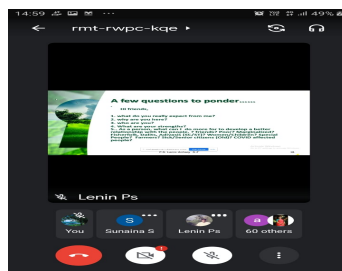
### ❖ Mobile phone and Desktop computer donation drive

NSS Volunteers of Mercy College organised a Mobile phone and desktop computer donation drive to help the economically backward students in our college. Mobile phones and Desktop computers were given to three of the students in our college for their online classes. It was handed over to them by the Principal, Dr Sr. Gisala George. The dates are 19 August 2020, 21 August 2020 and 27 August 2020.



### ❖ Orientation Class to the Volunteers

Dr. Fr. Lenin, Director of the NGO AADHI, an organisation for the welfare of Tribes, gave an orientation to our volunteers about community service with a special emphasis on tribes on 14/9/2020.



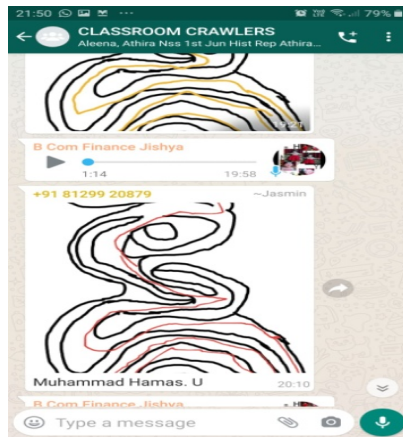
## ❖ Distribution of Sanitizer and Masks

Our volunteers prepared sanitizers and stitched masks and distributed them to the MGNREGS workers of Kallikkad on 15/9/2020.



## ❖ Classroom Crawlers

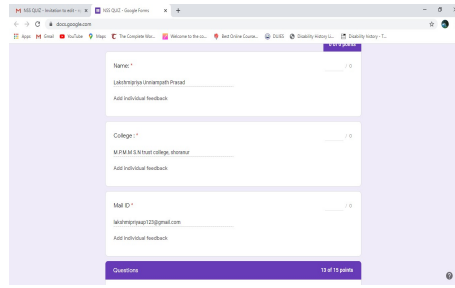
NSS volunteers of Mercy College adopted Kallikkad School from the month of August. In order to facilitate the cooperation, they started a WhatsApp group. More than 30 students were part of this group and they participated in the sessions actively. Volunteers organised various activities like storytelling, recite a poem and puzzles for the students.



## ❖ NSS day celebrations

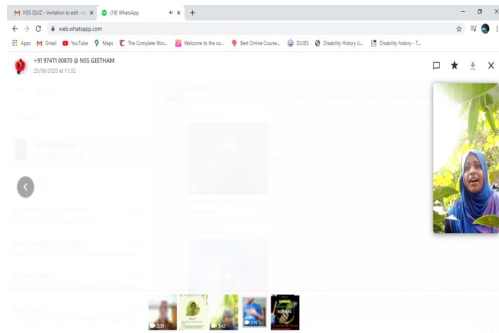
### (1) NSS day quiz competition

Our NSS volunteers conducted an INTERCOLLEGIATE QUIZ COMPETITION on 24th September as part of NSS DAY celebrations. NSS volunteers from across the state actively participated in this quiz. More than 100 volunteers participated in the event and e-certificates were given to all.

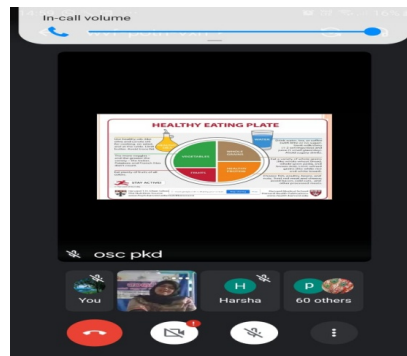


## (2) NSS GEETHAM intercollegiate competition

Our NSS volunteers conducted an NSS Geetham Intercollegiate competition on NSS DAY (24th September 2020). The entries were judged by Ms. Anjana T, who was the best NSS volunteer of the year 2019–2020. The 1st prize was secured by Arjun K. Anil, from VTB College. More than 10 volunteers participated in this contest.



(3) Classes on the services of “One stop Centre” Palakkad and the ‘Importance of Nutritious Food’ were organised by the NSS units of Mercy College in association with *Sakhi* on 24/9/2020. Classes were attended by the members of the Kudumbasree units of Kallikkad and our NSS Volunteers.



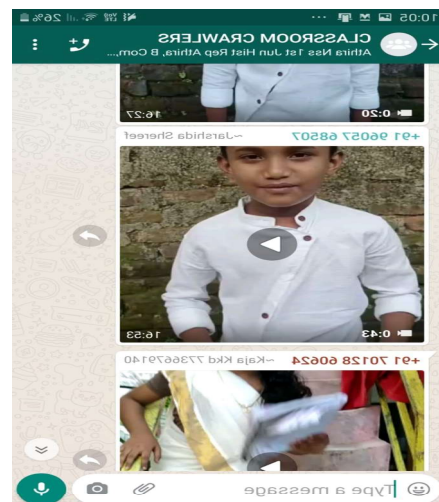
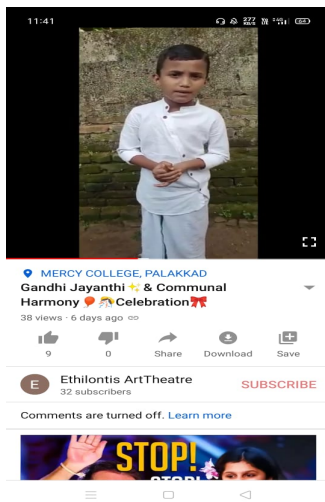
## ❖ Drawing class

Our NSS volunteers conducted drawing classes for Kallikkad L.P School students on all Fridays from September onwards (18/09/2020, 25/09/2020). The classes were given by the volunteers themselves. Students actively participated in this session and drew colourful pictures. 30 students were benefited from the sessions.



## Communal harmony celebrations

Our NSS volunteers conducted a fancy-dress competition for L.P students on 2nd October 2020. Students were required to wear costumes reflecting their culture and share messages of communal harmony through their videos. The videos of the students were uploaded in the youtube channel Ethilontis Art Theatre. 30 students participated.

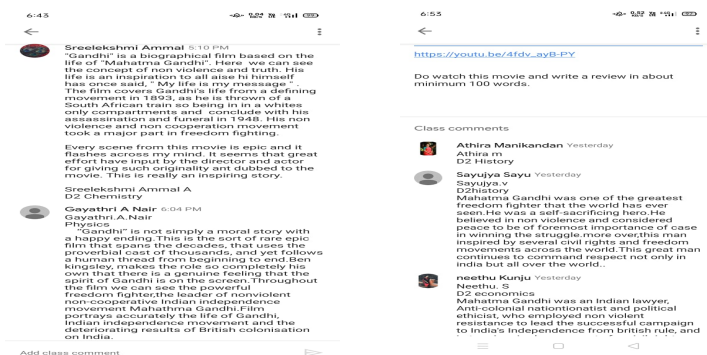




## Gandhi Jayanthi celebrations

### (1) Movie review contest

Our NSS volunteers celebrated Gandhi Jayanthi. The Movie Review Contest was organised based on the film Gandhi released in 1982. This programme was conducted on October 2nd 2020. More than 60 volunteers participated in this contest.



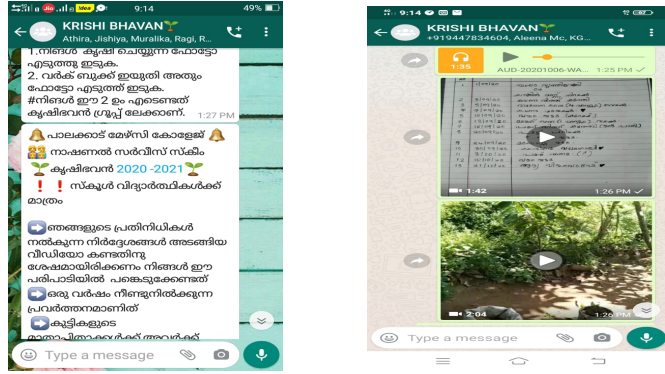
### (2) Cleaning week

As part of Gandhi Jayanti, our NSS volunteers observed cleaning week from 2nd-9<sup>th</sup> October 2020. All the volunteers actively participated in this programme. They cleaned the premises of their house and their hometown.



### (3) Krishibhavan

Our volunteers started a new project called KRISHIBHAVAN for the students of Kallikkad L P School on 2nd October 2020. The participants were required to create a vegetable garden in their houses. Tutorial videos about the cultivation of vegetables were prepared by the volunteers and shared with the students. It is decided to select the best garden at the end of the year and give cash prizes.



### ❖ **Handing over of Mobile phones**

NSS Volunteers of Mercy College organised a Mobile phone donation drive to help the economically backward students in our college. Mobile phones were given to one of the students in our college for her online classes. It was handed over to her by the Principal, Dr. Sr. Gisala George on 6/10/2020.



### **Onam Kit Distribution**

Our NSS volunteers distributed Onam kits to the needy people in their neighbourhood. We started this project in September and it has come to an end in November. 30 volunteers participated in the activity.



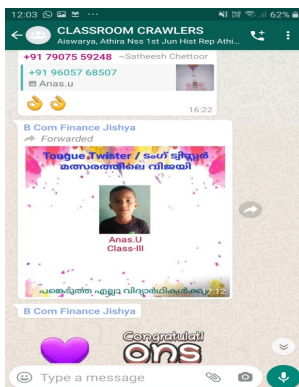
❖ **World student's day**

As a part of 'World Student's Day' celebrations, our NSS Volunteers created videos offering tribute to Dr. A P J Abdul Kalam sir on 15th October. These videos showed how the teachings of Kalam Sir influenced the students. 31 NSS volunteers of Mercy College participated in this contest.



● **Tongue Twister**

NSS volunteers of Mercy college conducted a competition for students of GLP School, Kallikkad. Some Malayalam tongue twisters were given to the students and asked them to send a video or audio of the activity. 32 students participated in the activity.



- **Note-ification**

NSS volunteers donated books to the needy students in their neighbourhood on 15th October. 33 NSS volunteers participated.



- ❖ **Learning from the field -awareness class**

A webinar was conducted by Mercy College, Palakkad on the topic " Learning from the field " on 18 October 2020. It was conducted between 3-4pm through Google meet. Mrs. Subitha Menon, Head of the Dept. of Social work, Mercy College, Palakkad was the resource person of the webinar. It was a very informative class. 63 members participated.





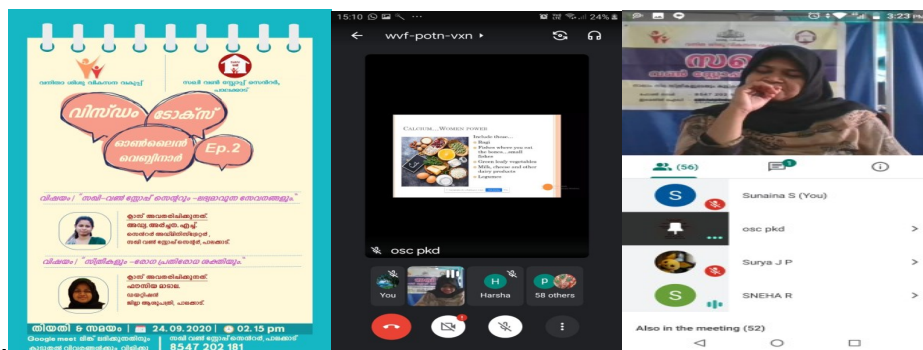
❖ **General awareness program on law related to women & children.**

A webinar was conducted by NSS volunteers of Mercy College, Palakkad on the topic "General awareness on law related to women and children" on 18 October 2020. It was conducted between 10-11am through Google meet. Adv. Beena P.V., Legal advisor, Service Providing Center, Mercy College, Palakkad was the resource person of the webinar. It was a very informative class. 63 volunteers participated in the class.



❖ **Health awareness program**

Health awareness class was conducted by NSS units of Mercy College in association with Women and Child Development Centre and 'Sakhi'. Adv. Archana H., Central administrator, "Sakhi One Stop Centre" Palakkad and Ms. Fousiya Matala -Dietitian, District Hospital, Palakkad were the resource persons. It was a very useful session. 60 NSS volunteers participated in this programme.



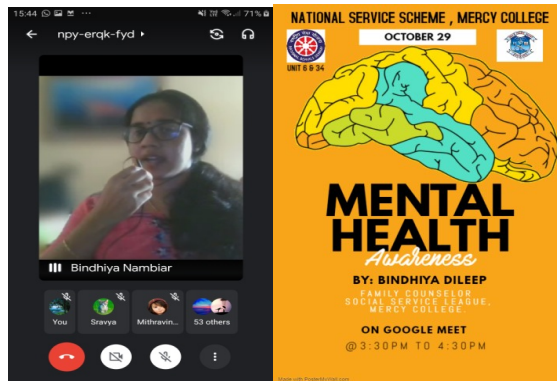
### ❖ Integrity pledge

As a part of vigilance awareness week, all NSS volunteers of Mercy College undertook integrity pledge on 27th October.



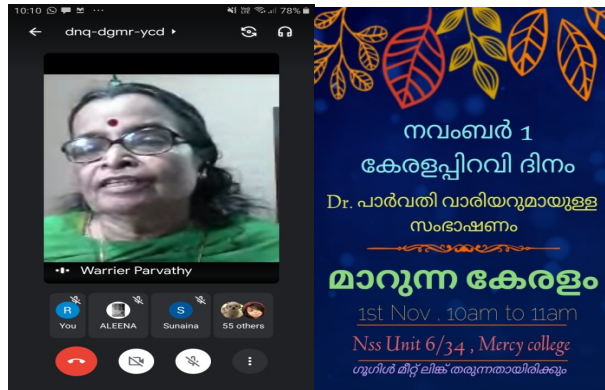
### ❖ Mental health awareness program

A webinar was conducted by NSS volunteers of mercy College, Palakkad on the topic "Mental Health " on 29 October 2020. It was conducted between 3:30-4:30pm through Google meet. Mrs. Bindhya Dileep, Family Counsellor, SSL Mercy College Palakkad was the resource person of the webinar. The NSS volunteers were able to have an interactive learning experience through this platform. It was a very useful class. 57 NSS volunteers participated.



### ❖ മാറുന്ന കരളും-Interactive Session with Dr. Parvathy Warriar

As a part of 'kerala piravi' celebrations on November 1, our NSS volunteers conducted an interactive session with Dr. Parvathy Warriar. 58 NSS volunteers participated in this session.



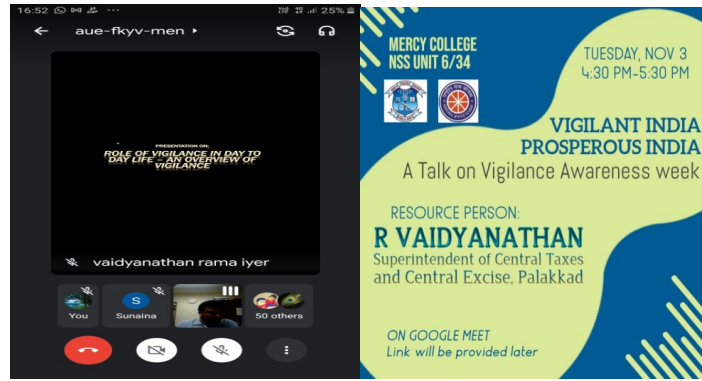
- Our NSS volunteers conducted a Malayalam nursery rhyme/ poetry competition for the students of Kallikkad GLP school. Students participated in the activity by sending the audios or videos of the rhyme or poem that they recited.



### ❖ Vigilant India Prosperous India-Awareness Class

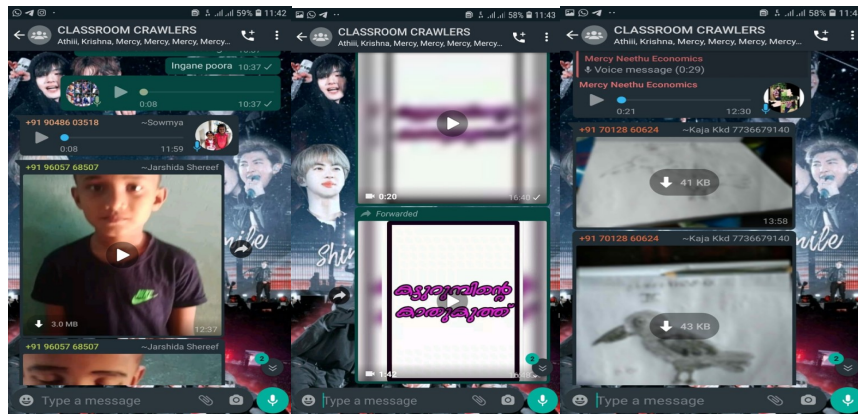
As a part of vigilance awareness week, NSS volunteers of Mercy College conducted a vigilance awareness class on Nov 3rd at 4.30-5.30pm. Resource person was R.Vaidyanathan-Superintendent of Central taxes and central excise Palakkad.

The class was very informative. 54 NSS volunteers participated in this class.



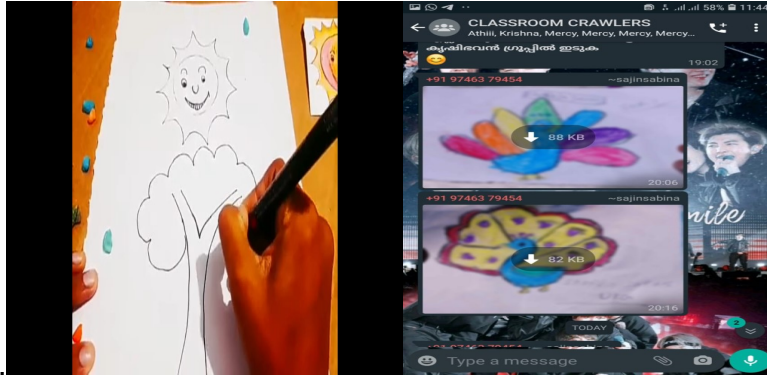
### ❖ Classroom Crawlers

NSS volunteers of Mercy College adopted Kallikkad GLP School few months back and conducted various online activities like sharing stories and giving classes. Nearly 32 students of Kallikkad School actively participated in these classes.



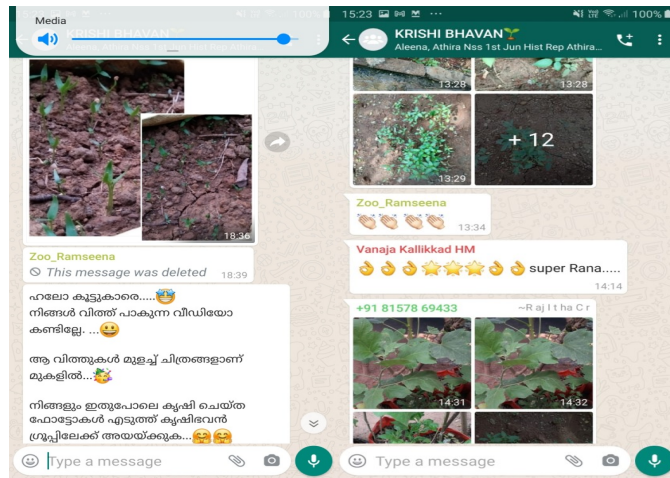
### ❖ Drawing class

NSS volunteers of Mercy College were conducting drawing classes for Kallikkad school students for last few months. Our NSS volunteers themselves handled these classes. Classes were conducted on all Fridays at 2.30pm-4.30pm. Students actively participated in these classes.



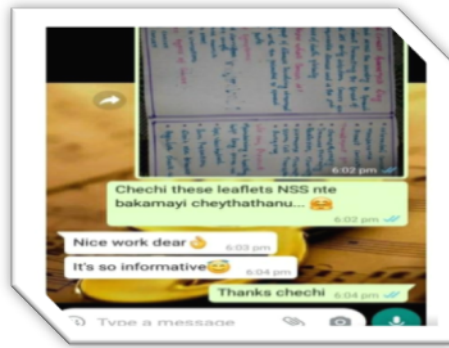
❖ **Krishibhavan**

NSS volunteers of Mercy College started a project to promote organic farming among the students of Kallikkad LP school students. We started this project on October 2. Students started the farming and sent updates of the activities through Whatsapp every month.



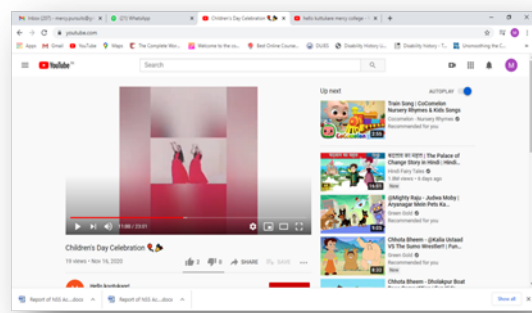
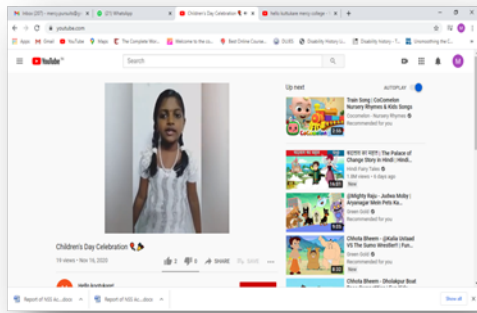
❖ **Cancer Awareness Day - 7 November**

*NATIONAL CANCER AWARENESS DAY* was celebrated at Mercy College Palakkad on 7th November. As part of this, NSS volunteers launched an online campaign to spread awareness among the public, by circulating hand written leaflets and brochures via social media platforms. 27 volunteers actively participated in this activity.



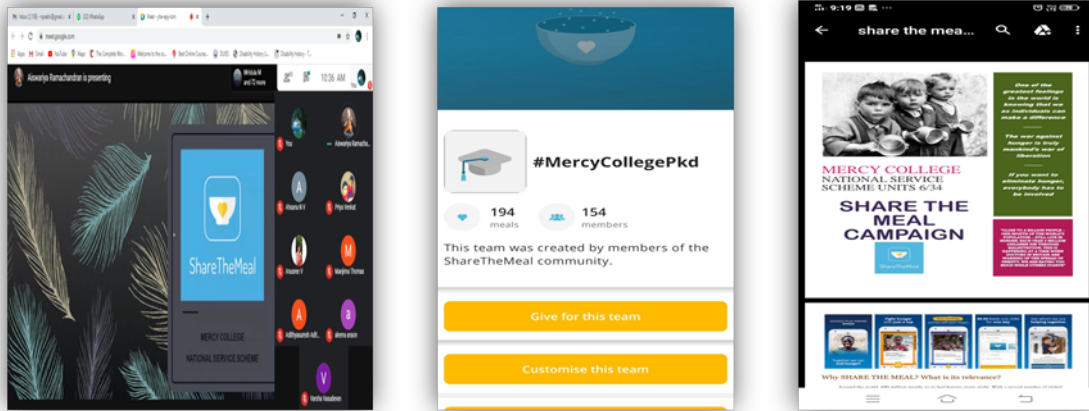
## ❖ Children's Day Celebrations 2020

NSS volunteers of Mercy College celebrated Children's day on 14th November. An online TALENT HUNT SHOW was conducted for the students of G. L. P S Kallikkad. 32 students participated in the programme. Annanya was selected as the best performer of TALENT HUNT SHOW. NSS volunteers of Mercy College presented various cultural programmes through Google meet platform.



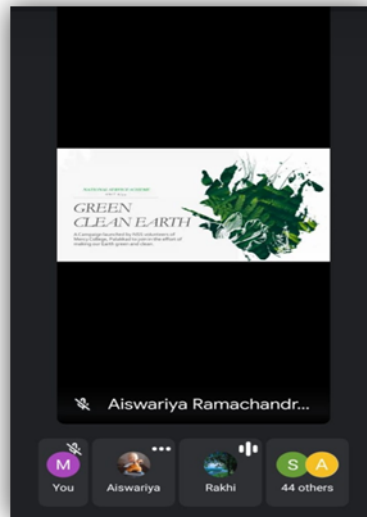
❖ **SHARE THE MEAL Campaign**

Mercy College NSS units 6 and 34 launched a campaign to donate food for needy ones, 'SHARE THE MEAL' through Google meet platform. The aim was to stop hunger anywhere in the world by donating meal packets through an *App* called *Share the Meal*. 167 members joined the campaign and 194 meals were distributed. They created a community #mercycollegepkd for this purpose.



### ❖ Green clean earth campaign

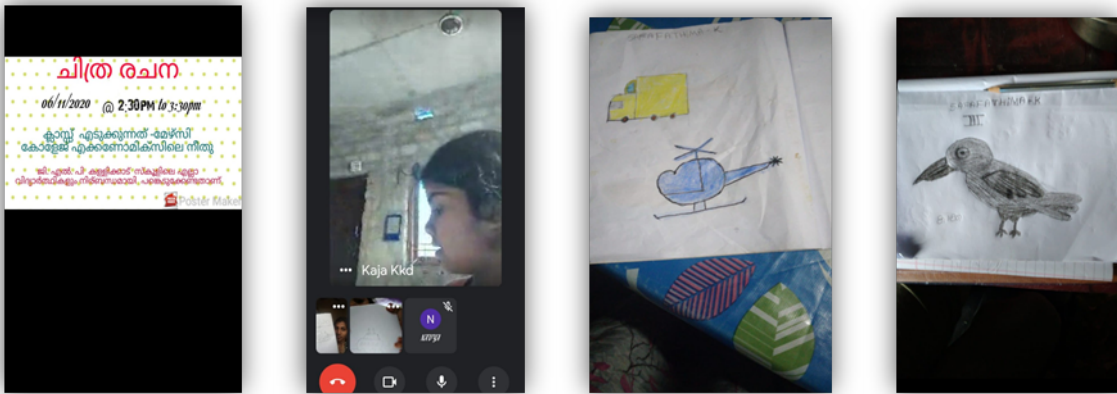
NSS volunteers of Mercy College launched GREEN CLEAN EARTH campaign on 1st December. Its main aim is to protect our nature by planting trees and protecting it. The program was conducted on Google meet on 1st December at 4.30pm. 45 volunteers participated in this session. Campaign is going on now.



### ❖ Drawing classes for Kallikkad school students.

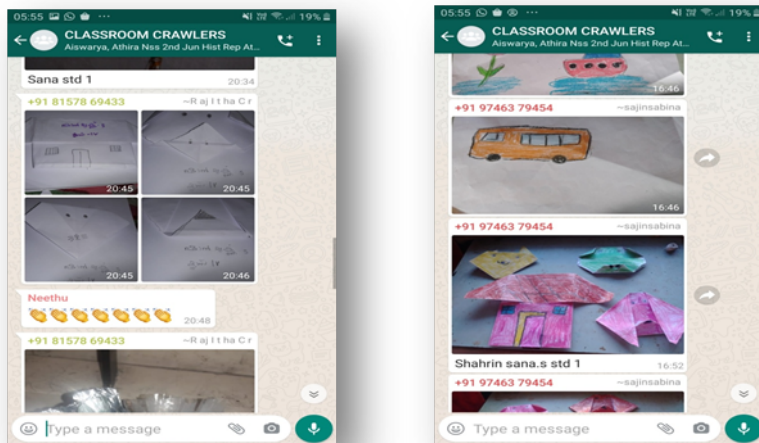
NSS Volunteers conducted drawing classes for Kallikkad school students. Mercy college NSS volunteers themselves handled these classes on all Fridays at 2.30-4.30 pm.





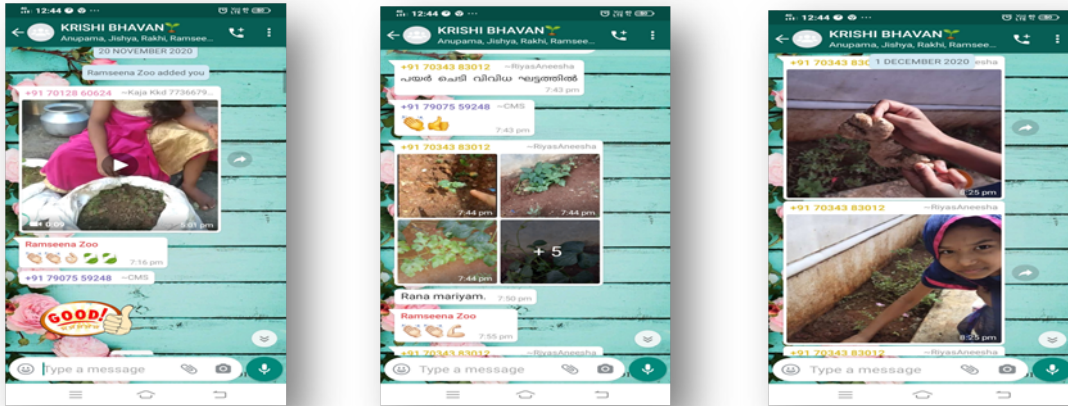
❖ Classroom Crawlers

NSS volunteers of Mercy College adopted Kallikkad GLP School few months back and conducted various online activities like sharing stories and giving classes. 33 students of Kallikkad School actively participated in these classes.



❖ Krishibhavan

NSS volunteers of Mercy College started a project to promote organic farming among the students of Kallikkad LP school students. We started this project on 2nd October. Students started the farming and sent updates of the activities through Whatsapp every month. The students updated their photos and videos of plants and farming. 33 students participate in the programme.



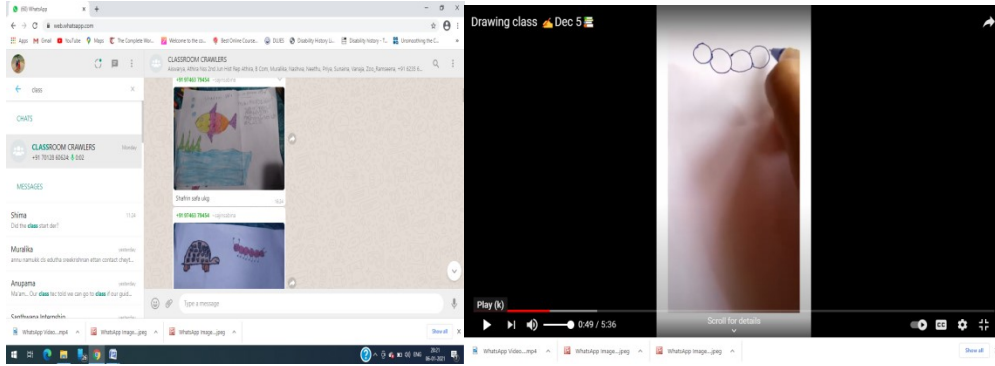
## ❖ Agriventures

NSS Volunteers of Mercy College started a programme Agriventures to promote vegetable farming among themselves, their friends and relatives in September. Some of them created gardens in the nearby Anganvadi. They started a classroom to post monthly updates of the programme. The programme continues even now.



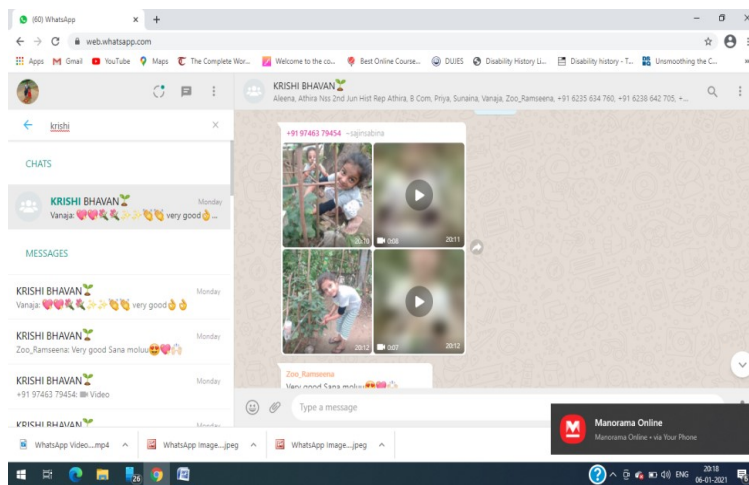
## Drawing classes for Kallikkad school students and the WhatsApp Group, “Classroom Crawlers”

NSS Volunteers conducted drawing classes for Kallikkad school students. Mercy college NSS volunteers themselves handled these classes on all Fridays at 2.30-4.30pm. Activities were shared through the WhatsApp group, “Classroom Crawlers”.

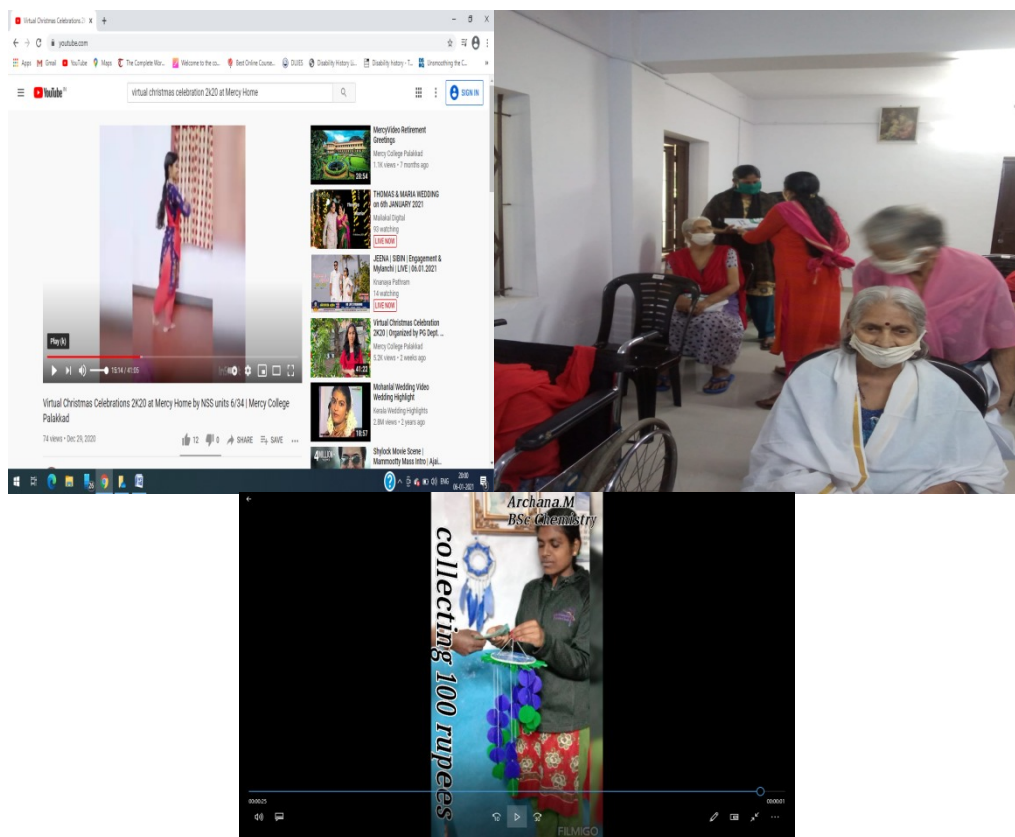


## Krishibhavan

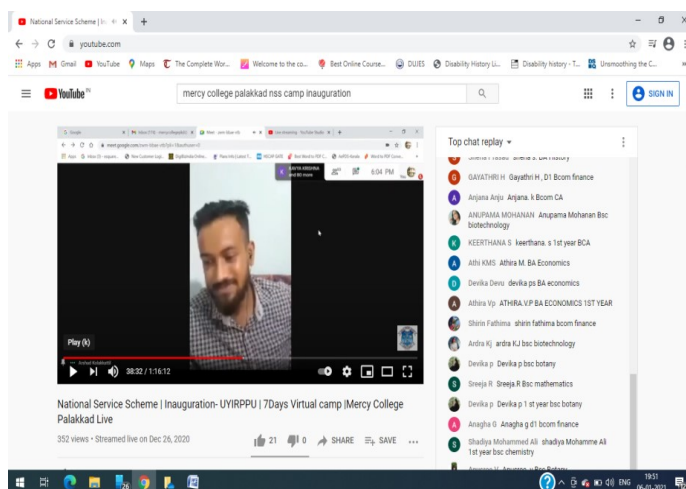
NSS volunteers of Mercy College started a project to promote organic farming among the students of Kallikkad LP school students. We started this project on October 2. Students started the farming and sent updates of the activities through Whatsapp every month. The students updated their photos and videos of plants and farming. 32 students participate in the programme.



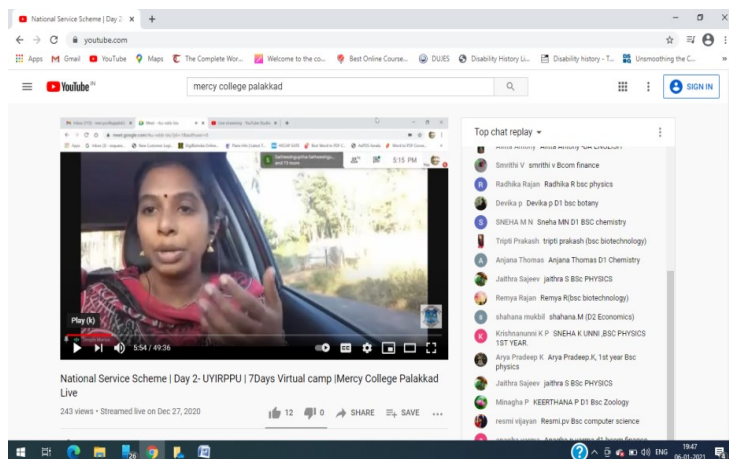
Our first year NSS volunteers collected an amount of around 6000 by making craft and food items and selling it among the public. This collection drive was organized on 21/12/2020. The collected amount was used to buy blankets to the inmates of Mercy Home, Palakkad. We also celebrated Christmas with them.



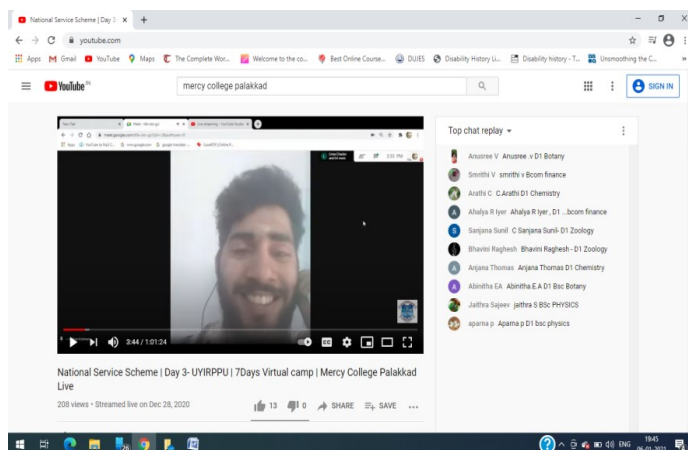
Our first year NSS Volunteers attended an Orientation class on “Volunteership” by Arshad Kolakkattil who has received Calicut University Best NSS Volunteer Award. Programme was organized on 26/12/2020. The Number of participants was 100.



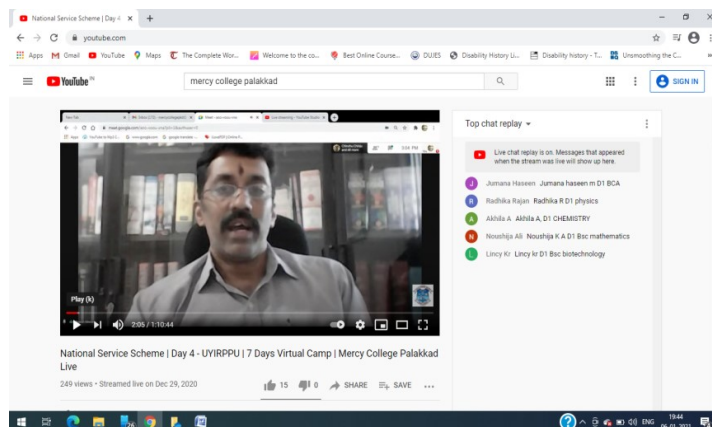
Our first year NSS Volunteers attended an awareness class on the topic, “Stress Management in the time of Covid-19”, headed by Dimple Maria, Family Counselor. Programme was organized on 27/12/2020. The Number of participants was 100.



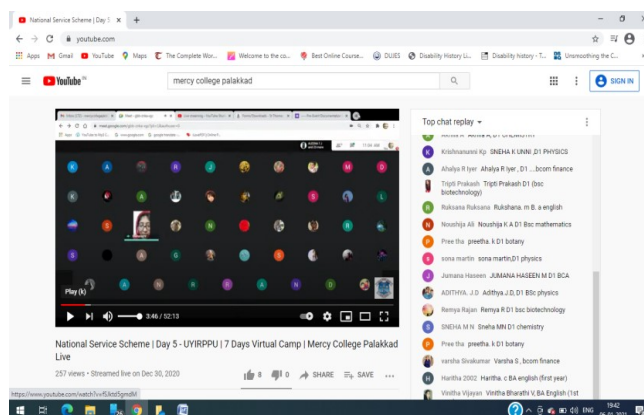
Our first year NSS Volunteers attended an orientation class on the topic, “Manushyanavuka Manushyanil Ninnu”, headed by Sree Krishnan Namboothiri, Speak for India Kerala Edition finalist 2017 and Youth Parliament delegate. Programme was organized on 28/12/2020. The Number of participants was 100.



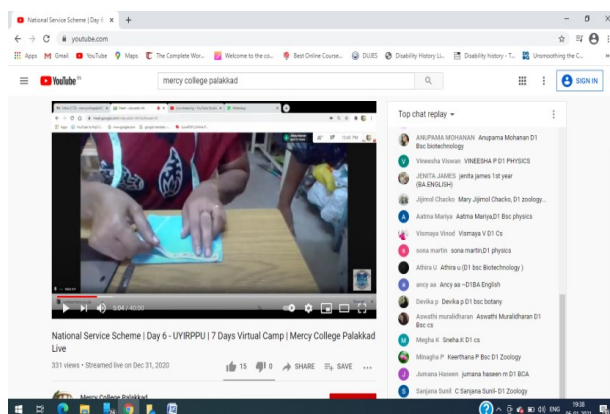
A legal awareness class was given to first year NSS Volunteers on 29/12/2020. This session was headed by Advocate Rajesh M P. The Number of participants was 100.

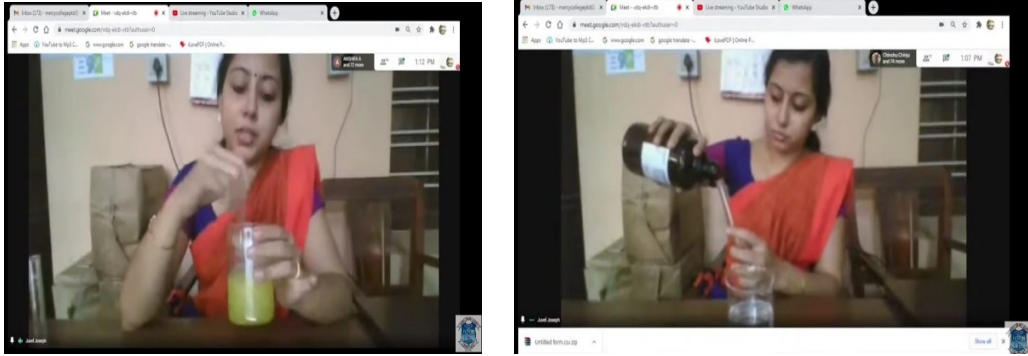


Our first year NSS Volunteers attended an awareness class on the topic, “PCOS”, headed by Dr. Shahanaz, General Practitioner, Valluvanad Hospital. Programme was organized on 30/12/2020. The Number of participants was 100.



Our first year NSS Volunteers attended a workshop on Mask and Sanitizer making headed by Ms. Memsy C K, Assistant Professor, Dept of Chemistry and Ms Latha, Tailoring teacher. Programme was organized on 31/12/2020. The Number of participants was 100.





## Agriventures

First year NSS Volunteers of Mercy College organized a programme “Agriventures” to promote vegetable farming among themselves, their friends and relatives. Some of them created gardens in the nearby Anganvadi and some of them encouraged people from five household to do the farming in their backyards. They started a classroom to post the monthly updates of the programme.

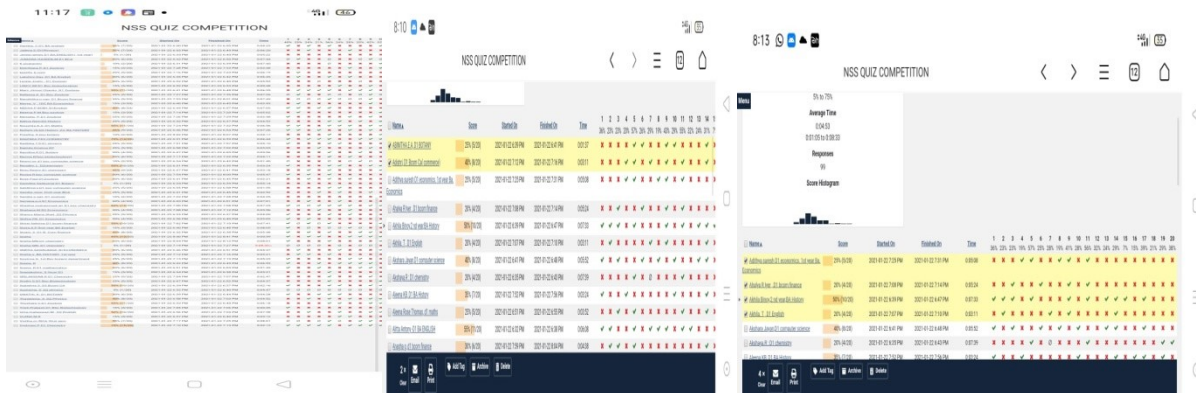


## ❖ PLANTING “REMEMBRANCE TREE” ON THE BIRTHDAY OF SUGATHA KUMARI TEACHER (22<sup>nd</sup> JANUARY 2021)



Our volunteers planted saplings in their backyards, in memory of SUGATHA KUMARI teacher, who was a great nature lover and poet, on her birthday (Jan 22). A total of 86 students participated in the programme

### ❖ QUIZ COMPETITION (22<sup>nd</sup> JANUARY 2021)



An online quiz competition was conducted for all the UG students of Mercy College. The topic of the online quiz was ‘‘Sugatha Kumari and Environment’’. A total of 105 students have participated in the competition and the top 4 participants were given E- certificates. A total of 65 volunteers have participated in the activity.

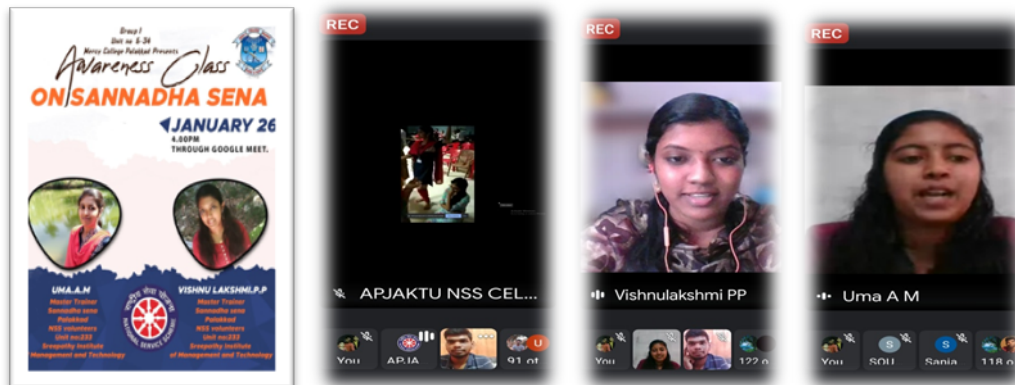


## ❖ BOOK DISTRIBUTION (24 JANURAY 2021)



A book donation drive was organised for the children who were in need of books. 17 volunteers participated in the book donation drive, and donated books to their nearby schools and neighbourhood.

## ❖ AWARENESS CLASS ON SANADHASENA (26 JAN 2021)



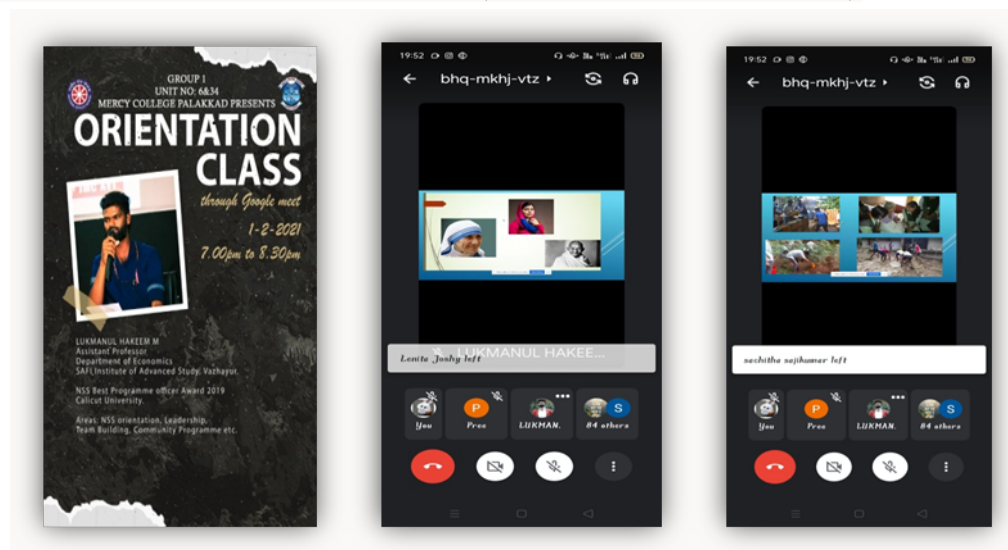
An awareness class on SANADHASENA was organised for both 1st and 2nd year NSS volunteers through Google meet. A total of 133 volunteers participated in this programme. The guest speakers were Uma A.M. and Vishnu Lakshmi P.P, both of them were Master trainers of SANADHASENA.

## ❖ KAHWAH LET US EAT (26 JANUARY 2021)



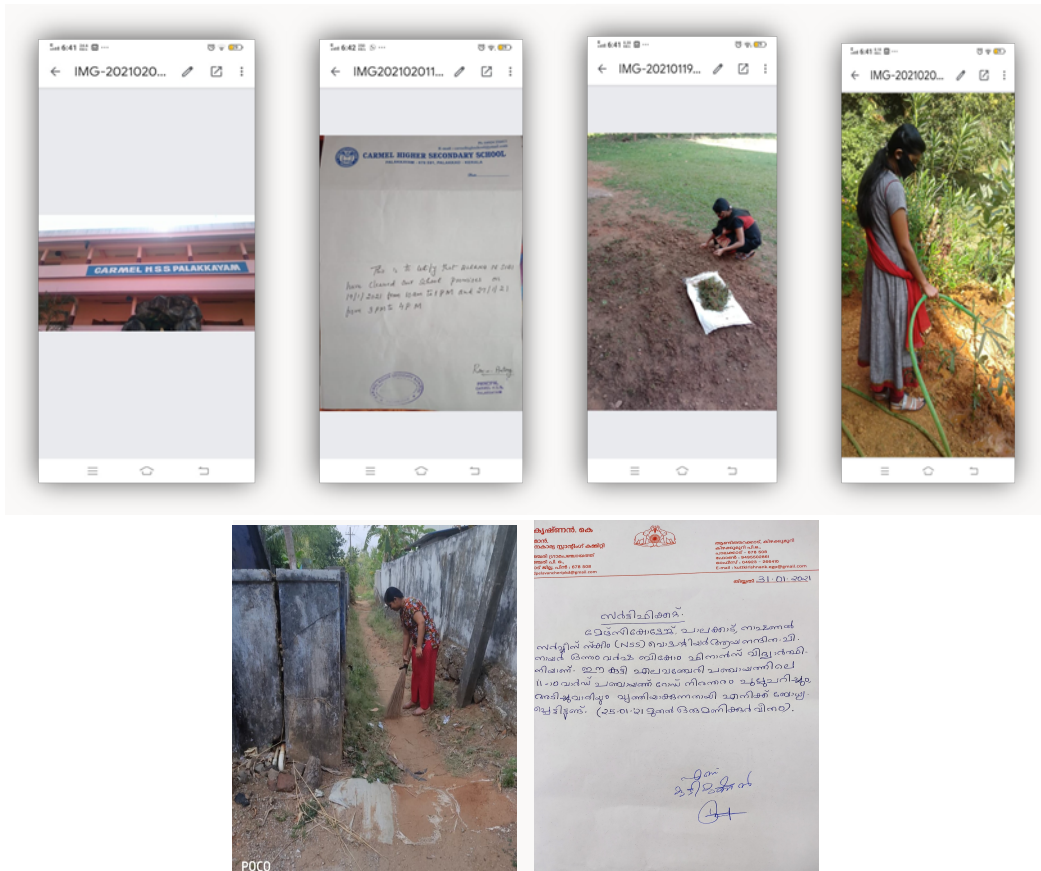
A food making activity was organised in connection with REPUBLIC DAY celebrations. Each group was given a state and were asked to make food of that assigned state. Total of 77 volunteers participated in this programme. 33 participants raised fund by selling the dishes they prepared.

## ORIENTATION CLASS (1 FEBRUARY 2021)



An orientation class was conducted for 1st year NSS volunteers. The invited speaker was Lukmanul Hakeem M (he received the best NSS programme officer award 2019 by Calicut university). Guest Speaker shared his experiences in volunteering and National Service Scheme with the students. A total of 90 volunteers had participated in the programme.

❖ NSS PUBLIC PLACE CLEANING (24 JANUARY-1 FEBRUARY 2021)



NSS volunteers of Mercy College took up the task of cleaning and maintaining the surroundings of a public or semi-public institution in their neighbourhood. They can undertake the task in any institution of their choice like temples, libraries, schools, Anganavadies etc. It is a yearlong project. They have to update the details every month in a classroom created for that purpose. 73 volunteers participated in the programme from 24 January to 1st February. All the participants did their uttermost and were grateful for this opportunity.

❖ NSS AGRIVENTURES (19 JANUARY- 27 JANUARY 2021)



NSS Volunteers of Mercy College started a programme Agriventures to promote vegetable farming among themselves, their friends and relatives in September. They also helped to tend these gardens in regular intervals. Some of them created gardens in their nearby Anganvadi. They started a classroom to post monthly updates of the programme. The programme continues even now (yearlong project). 140 volunteers participated in the programme from 19 January to 27 January.

### Helping Hand to the Differently Abled

Our NSS volunteers helped differently abled people during their visit to Malampuzha on 28.01.2021. All Kerala Wheel Chair Rights Federation Ponnani Taluk organised this event. Our students served as volunteers in the programme. Three of our volunteers participated in the programme.





- **PALLIATIVE CARE (25-31 JANUARY 2021)**



NSS Volunteers started a project to provide palliative care for the sick and needy people in their neighbourhood. 12 volunteers participated in the project from 25 January to 31 January. Volunteers are required to visit the households in regular intervals and update the details in a classroom created for that purpose. This is also a yearlong project.

- ❖ **Classroom Crawlers (Mentoring of L.P. Students)**

NSS volunteers of Mercy College adopted Kallikkad GLP School few months back and conducted various online activities like sharing stories and giving classes. Nearly 32 students of Kallikkad School actively participated in these classes. Programme is to end in March.

### **Drawing class**

NSS volunteers of Mercy College were conducting drawing classes for Kallikkad school students for last few months. Our NSS volunteers themselves handled these classes. Classes were conducted on all Fridays at 2.30pm-4.30pm. Students actively participated in these classes.



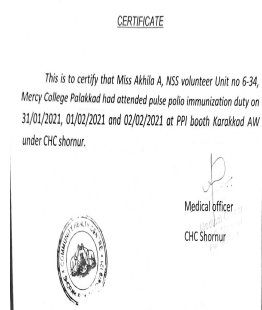
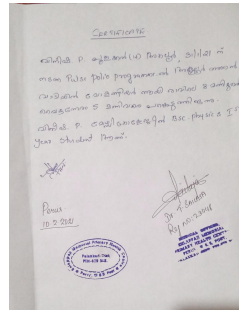
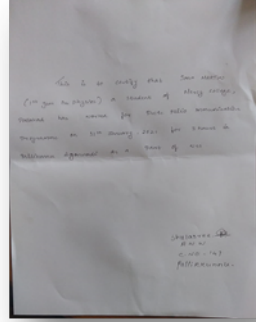
### Krishibhavan

NSS volunteers of Mercy College started a project to promote organic farming among the students of Kallikkad LP school students. We started this project on October 2. Students started the farming and sent updates of the activities through Whatsapp every month.



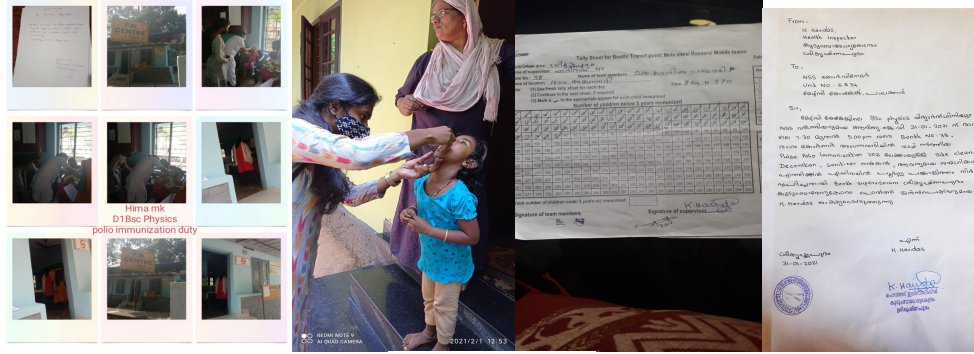
### Participation in Pulse Polio Immunisation Programme

Our volunteers participated in the pulse polio immunisation programme conducted on 31/01/2021. They volunteered in the nearby Anganavadies and immunised around 2261 children. 30 volunteers participated in the activity.









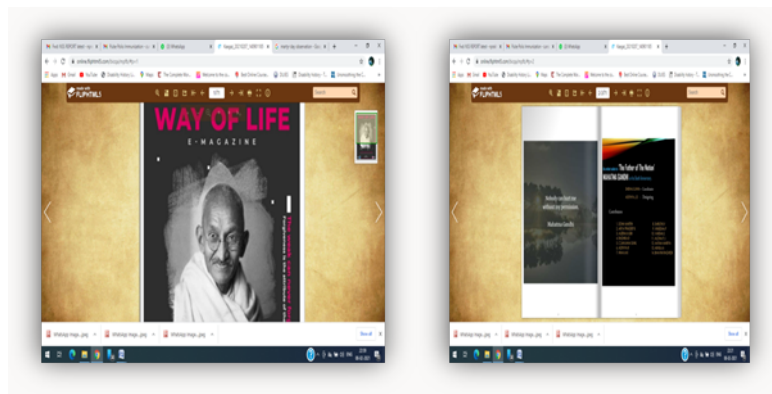
38

PULSE POLIO IMMUNIZATION 2021  
JANUARY 31

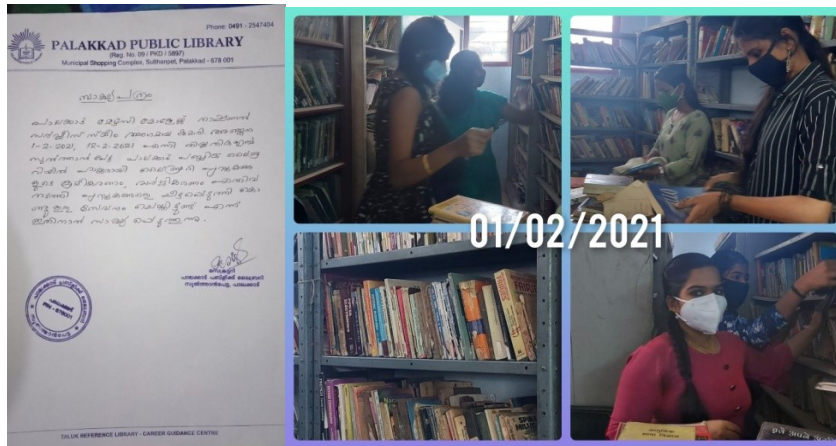
NAME OF BOOTH: \_\_\_\_\_  
BOOTH NUMBER: \_\_\_\_\_  
NAME OF PRI VOLUNTEERS:  
1. \_\_\_\_\_  
2. \_\_\_\_\_  
NAME OF SUPERVISOR: \_\_\_\_\_



**E- Magazine on Gandhi**  
Our volunteers released an online e-magazine on the life and contributions of Gandhi as part of Martyrs' day celebrations on 30/01/2021.



• **SORTING LIBRARY (12 FEBRUARY 2021)**



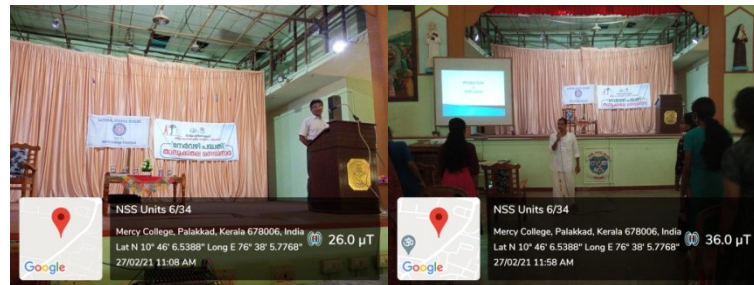
NSS volunteers of Mercy college, Palakkad visited Public Library. They helped to arrange books for 2 days in Public library, Palakkad (01/02/2021 and 12/02/2021). 6 volunteers participated in the programme.

❖ **TRAFFIC AWARENESS CLASS (20 February 2021)**



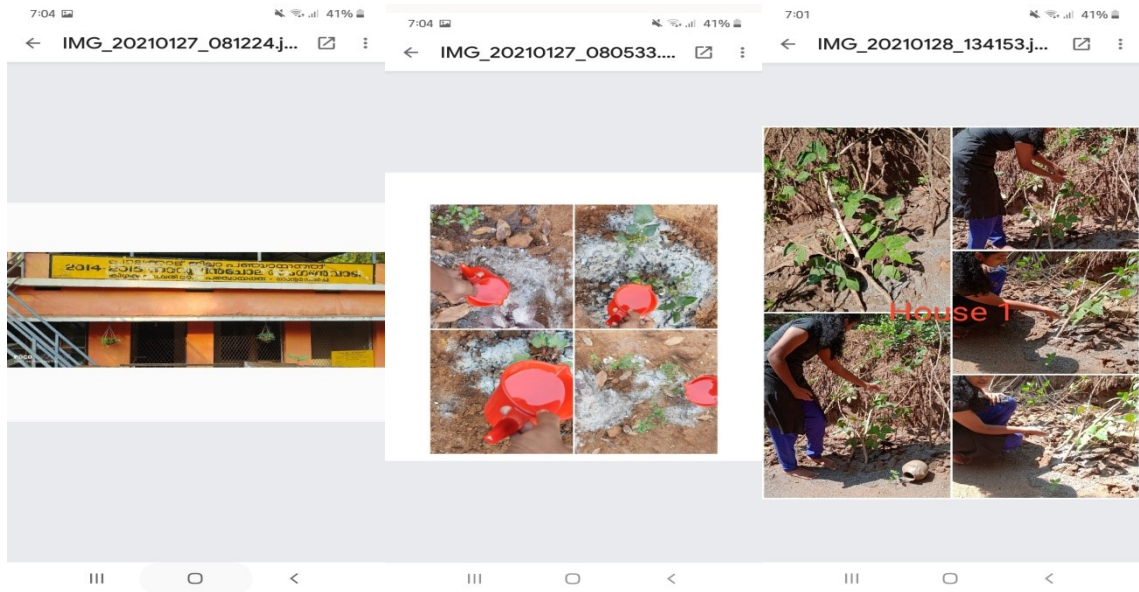
An awareness class on traffic rules was conducted by NSS units 6 and 34 at the college auditorium as part of Traffic awareness week. Mr. Binu Ramachandran (Civil police officer, Palakkad Traffic Enforcement Unit) took the class from 12.30 pm to 1.30 pm. He cleared the doubts of volunteers.

### ❖ NERVAZHI (27<sup>nd</sup> FEBRUARY 2021)



A class on the need of probation programmes among criminals was conducted in our college by District Probation Office, Palakkad. The name of the programme was “Nervazhi.” The guest speakers were Mr Anandhan K. (District Probation Officer, Palakkad), Adv V.A. Razak who is an Advocate of Notary Public and Mr Ashok Nenmara (Director of Life skill Centre). A total of 57 NSS volunteers participated in the programme.

### • NSS AGVENTURE (20 JANUARY- 20 FEBRUARY 2021)



NSS Volunteers of Mercy College started a programme Agriventures to promote vegetable farming among themselves, their friends and relatives in September. They also helped to tend these gardens in regular intervals. Some of them created gardens in their nearby Anganvadi. They started a classroom to post monthly updates of the programme. The programme continues even now (yearlong project). 140 volunteers participated in the programme from 20 January to 20 February.

❖ **POTHICHORE (FEBRURAY 1- MARCH 4 2020)**



NSS Volunteers started a yearlong project to distribute food to the needy people in their neighbourhood. They started a classroom to post monthly updates of the programme. A total of 19 volunteers participated in the programme. This month's updates were done from 1 February to 4 March.

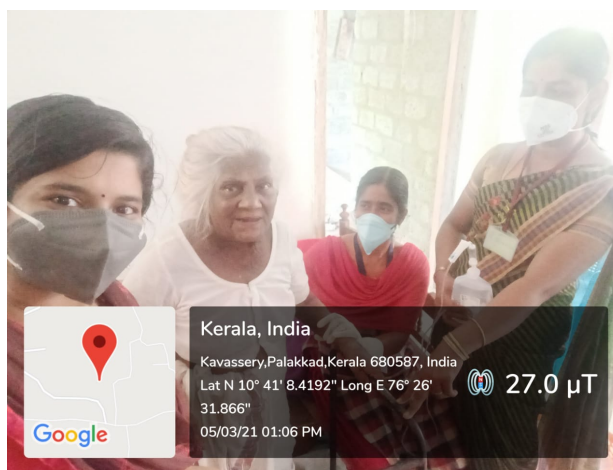
- **PALLIATIVE CARE (1 February-5 March 2021)**

NSS Volunteers started a project to provide palliative care for the sick and needy people in their neighbourhood. 12 volunteers participated in the project. Volunteers are required to visit the households in regular intervals and update the details in a classroom created for that purpose. This is also a yearlong project.

c16 2  
Palliative care Project

We have started our work from January 25 onwards.  
Duration of the project - January 25 to February 25

Participant	Visited Place	visited Dates
1. Akshaya R	Kottayam	31-2-21
2. Ananthi C	Kavassery	29-1-21, 6-2-21, 5-3-21
3. Daisiya C	Palakkad	8-2-21
4. Babimathi shifa	Pilangy	8-2-21
5. Jamma Haseem M	Kallikkad	5-3-21
6. Nalasa	Kodumbur	4-3-21
7. Alseera	Kodumbur	12-2-21, 4-3-21
8. Rosa Paul	Kavassery	12-2-21, 5-3-21, 29-3-21
9. Thushara	Kavassery	29-1-21, 12-2-21, 8-3-21
10. Anagha G	Kodumbur	



## Krishibhavan

NSS volunteers of Mercy College started a project to promote organic farming among the students of Kallikkad LP school students. We started this project on 2nd October. Students started the farming and sent updates of the activities through Whatsapp every month.



**NSS PUBLIC PLACE PROJECT**



ദേശീയ കോളേജിലെ ഡി.ജി. ഓഫീസിലെ സി.എസ്.സി. വാണിജ്യ വിദ്യാർത്ഥിനികൾക്കു നൽകിയ സേവനം. ഓഫീസിലെ സാഹചര്യം മെച്ചപ്പെടുത്താനും പരിസ്ഥിതിയെ സംരക്ഷിക്കാനും 16-20 വർഷത്തിൽ പങ്കെടുക്കുന്ന സെന്റർ നമ്പർ 153-ൽ അടങ്ങിയ സെമിനാർ. ജനുവരി 27 മുതൽ ഫെബ്രുവരി 5 വരെ നടന്ന പദ്ധതിയുടെ ഭാഗമായി സജീവ പങ്കെടുത്തു വന്നിട്ടുള്ളവർക്കു നൽകിയ സഹായം. അതിനാൽ സാക്ഷ്യപ്പെടുത്തുന്നു.

എസ്. കോളേജിലെ സി.എസ്.സി. വാണിജ്യ വിദ്യാർത്ഥിനികൾക്കു നൽകിയ സേവനം. ഓഫീസിലെ സാഹചര്യം മെച്ചപ്പെടുത്താനും പരിസ്ഥിതിയെ സംരക്ഷിക്കാനും 16-20 വർഷത്തിൽ പങ്കെടുക്കുന്ന സെന്റർ നമ്പർ 153-ൽ അടങ്ങിയ സെമിനാർ. ജനുവരി 27 മുതൽ ഫെബ്രുവരി 5 വരെ നടന്ന പദ്ധതിയുടെ ഭാഗമായി സജീവ പങ്കെടുത്തു വന്നിട്ടുള്ളവർക്കു നൽകിയ സഹായം. അതിനാൽ സാക്ഷ്യപ്പെടുത്തുന്നു.

NSS volunteers of Mercy College took up the task of cleaning and maintaining the surroundings of a public or semi-public institution in their neighbourhood. They are also allowed to render other kind of services in that institution. They can undertake the task in any institution of their choice like temples, libraries, schools, Anganavadies etc. It is a yearlong project. They have to update the details every month in a classroom created for that purpose. 73 volunteers participated in the programme from 27 January to 5th February. All the participants did their uttermost and were grateful for this opportunity.

## SVEEP Programme and Its Flag off at Mercy College, Palakkad



“Vottuvandi”, an election awareness programme to educate youngsters about the process of voting and encourage their participation in electoral process was organised by the NSS units of Mercy College, Palakkad in collaboration with SVEEP, a flagship programme of the Election Commission of India. The programme was inaugurated by Mrs. Dharmalasree, Assistant Collector, Palakkad on 4/3/2021. Tour of Vottuvandi across the district was also flagged off by the Assistant Collector on the same day at Mercy College, Palakkad.

## A SEMINAR ON KIDNEY DISEASES

A seminar on Kidney Diseases was conducted by the NSS Units of Mercy College on 10/03/21 in association with Kidney Federation of India. The class was led by Dr.T. Krishna Kumar, Nephrologist, District Hospital, Palakkad. Volunteers were also encouraged to join the organ donation registry, *Mritasanjeevani*.

### ലോക വൃക്ക ദിന സെമിനാർ നടത്തി

പാലക്കാട് .. കിഡ്നി ഫെഡറേഷൻ ഓഫ് ഇന്ത്യ പാലക്കാട് ജില്ലാ ഘടകം മേഴ്സി കോളേജിലെ എൻ.എസ്.എസ്. 34 ഉം യൂണിറ്റുകളുമായി സഹകരിച്ച് ലോക വൃക്ക ദിന സെമിനാർ നടത്തി. പ്രിൻസിപ്പൽ ഡോ. സിസ്റ്റർസിസല ജോർജ്ജ് ഉദ്ഘാടനം ചെയ്തു.

ജില്ലാ കോർഡിനേറ്റർ എൻ.ജി.ജോൺസ്റ്റൺ അദ്ധ്യക്ഷത വഹിച്ച ചടങ്ങിൽ മെ.ശാസ്ത്രജ്ഞൻ ഡോ. വെല്ലനാഥ് പാറയിക്കൽ മുഖ്യ അതിഥിയായി. മേഡ് ഓജെസ്സ് ഡോ. കൃഷ്ണദാസ് റ്റി സെമിനാർ നയിച്ചു. സാബ്ബു പ്രവർത്തക വില്ലി വാഴയിൽ, എൻ.എസ്.എസ്. പ്രവേശനം ഓഫീസർമരയപ്രിയ വർമ്മ, സി. ഓ.വി.എൻ.പി. എന്ന്വർ സെമിനാറിൽ സംസാരിച്ചു.

'വൃക്ക രോഗങ്ങളും ചികിത്സയും' എന്ന വിഷയത്തിൽ ഡോ. കൃഷ്ണദാസും, അവയവദാനവും അനുബന്ധ ജീവിതവും എന്ന വിഷയത്തിൽ എൻ.ജി.ജോൺസ്റ്റൺ ന്റും സെമിനാർ നയിച്ചു. നൂറിലധികം എൻ.എസ്.എസ്. വളർമ്പന്മാർ സെമിനാറിൽ പങ്കെടുത്തു . എൻ.എസ്.എസ്. ചീഫ് ജെ.ജി.എസ്. ന്റെ മേഖലയടുത്തു. 'വൃക്കരോഗങ്ങൾക്കൊപ്പം സുഖമായി ജീവിക്കുക' എന്നതാണ് 2021ലെ ലോക വൃക്ക ദിന പ്രമേയം.

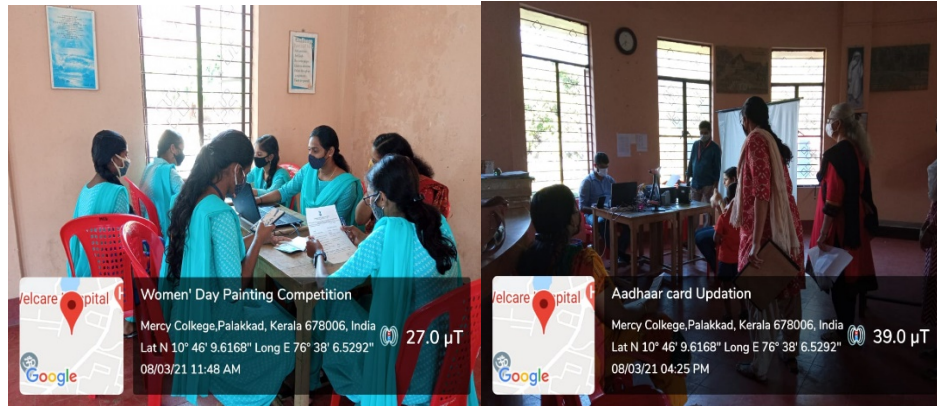
മുൻകൂട്ടിയുള്ള രോഗ നിർണ്ണയവും നിരന്തര ചികിത്സയും സ്വപ്രധാനമാണ്. വൃക്കരോഗത്തെ കുറിച്ചുള്ള അവബോധവും അനുബന്ധ ജീവിത ശൈലിയും മെച്ചപ്പെട്ട അതിജീവനം സാധ്യമാക്കുന്നു.

ഇന്നേ ദിവസം തന്നെ മസ്തിഷ്ക മരണം സംഭവിച്ചാൽ തങ്ങളുടെ ആന്തരിക അവയവങ്ങൾ ദാനം ചെയ്യാനുള്ള സർക്കാരിന്റെ കീഴിലുള്ള 'മൃതസന്തീവനി' എന്ന ഓൺലൈൻ ഓർഗൻ റെജിസ്റ്ററിയിൽ (<http://knos.org.in>) ചേർന്ന് ഐക്യ ദാർശ്യം പ്രഖ്യാപിയ്ക്കാൻ ഓരോ വളർമ്പന്മാരും തയ്യാറായി.



## AADHAR REGISTRATION AND VOTER'S LIST REGISTRATION

NSS Volunteers of Mercy College organised an Aadhar Registration and Voter's list registration drive in the college on 08/03/21 as part of Women's day celebrations. The duration of the camp was three days. Students and staff of the college were benefitted.



## Saathmyam (Intercollegiate Orientation Programme)

*Saathmyam*, an intercollegiate district level orientation programme for NSS volunteers and Programme Officers, was held at Mercy College Palakkad on 13/03/2021. The programme was organised in association with NSS District Co-ordination Committee. Around 175 volunteers and programme officers from across the district participated in the event. The event was inaugurated by Sri. V. K. Sreekandan, Member of Parliament, Palakkad.



## PALLIATIVE CARE (5 March to 8 April 2021)

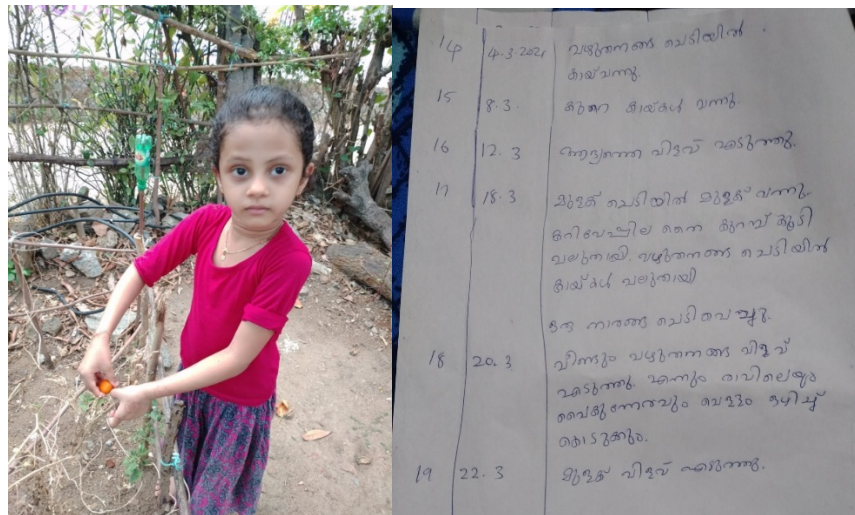
NSS Volunteers started a project to provide palliative care for the sick and needy people in their neighbourhood. 12 volunteers participated in the project. Volunteers are required to visit the

households in regular intervals and update the details in a classroom created for that purpose. This is also a yearlong project.



### Krishi bhavan

NSS volunteers of Mercy College started a project to promote organic farming among the students of Kallikkad L.P. school students. We started this project on October 2. Students started the farming and sent updates of the activities through WhatsApp every month.



## NSS PUBLIC PLACE PROJECT



NSS volunteers of Mercy College took up the task of cleaning and maintaining the surroundings of a public or semi-public institution in their neighbourhood. They are also allowed to render other kind of services in that institution. They can undertake the task in any institution of their choice like temples, libraries, schools, Anganavadies etc. It is a yearlong project. They have to update the details every month in a classroom created for that purpose. 41 volunteers participated in the programme from 8 March to 8 April.